PBS for AKUH's School Programme







The Patients' Behbud Society for AKUH

2019

Our Story

In collaboration with the Aga Khan University Hospital (AKUH) Children's Hospital Service Line, the Patients' Behbud Society for AKUH designed a specific programme to involve children in alleviating the suffering of other children. The 'Kids for Kids' Concept came under the broad remit of the School Programme which was specifically designed to give students from across the country, an opportunity to be part of a worthy social cause, and collect funds for those children whose treatment at AKUH's Paediatric ward was critical yet outside their parents' financial capabilities.

Through these students, the School Programme managed to reach their households with information about PBS for AKUH and its impact on patients from low-income backgrounds. This experience helps inculcate the concept of philanthropy in children from a very young age, allowing them to witness the impact of their generosity on those who are not as privileged.



Our Reach







35,000 students

30,000 households

100%

participation from St. Joseph's Convent (Cambridge Section) more than any other school



Our Partners

Our transformative impact and growing outreach is all thanks to our generous and collaborative educational partners, who allowed us not only to raise funds for an extremely important social cause, but also allowed us to spread awareness about our work through their networks. We are extremely grateful to all of them for their initiative and support.

Avicenna Adler College Aitchison College **Bahria University** Dawood Public School Habib Girls School Happy Home School Ilmesters Academy

Indus Academy Institute of Business Management St. Joseph's Convent School Karachi American School Lady Bird Grammar School L'ecole School Meritorious School **Reads College** Sacred Heart School

SICAS SZABIST The CAS School The City School The Educators The Smart School White House Grammar School

In Focus

All our partners are equally important to us. Some of our partners have gone above and beyond our expectations to support us in this worthy cause of helping deserving children receive quality healthcare, without which they would not have a fair chance at living normal, healthy lives.

In this first issue, we would like to celebrate three such partners through their interviews and/or testimonials:

- Dawood Public School;
- The City School PAF Chapter; and
- St. Joseph's Convent School



Dawood Public School



Motto: Enlighten my soul; Enlighten my being

Dawood Public School

Dawood Public School has been the most generous donor to AKUH's School Programme. In this brief exchange, we had hoped to capture the School's motivation to donate to AKUH and other institutions. We hope we have captured the essence of the spirit of philanthropy that the School embodies.

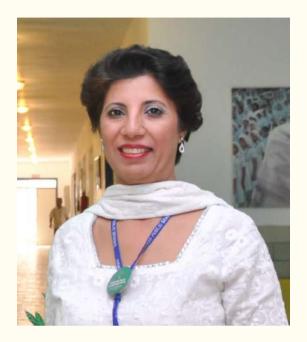
A Brief Profile

Dawood Public School (DPS) was founded by Mr. Ahmed Dawood in 1983 to fulfil his vision of a country where every girl child can dream of a better future through better education. Over these years DPS has grown tremendously, changing lives and lighting the way for millions of girls. The school holds a well established reputation of producing excellent academic results, and providing education to at least 2,500 girls annually. The School's Cambridge Examination O and A Level pass rate has consistently been 100% every year.

Notably, DPS is also a WWF-featured 'Green School' and winner of the 'Kitchen Garden' category at the Annual Flower Show Competition organised by the Horticultural Society of Pakistan - giving our environment the respect it deserves. Students are taught to grow their own fruits and vegetables, and also to recycle, reuse, and reduce their garbage. The School promotes a plastic-free environment and discourages packaged foods as part of the learning process.

The spirit of compassion and empathy runs deep within DPS. The School believes that participation in charity drives and fundraising opportunities nourishes and refines their students' souls with exposure to the pain and suffering of other people. This also creates awareness and a sense of humility and gratitude for being able to pay it forward. DPS contributes primarily to organisations working towards the development of health and education in Pakistan. The School selects causes that link meaningfully to its vision and purpose and then works strategically to broaden the minds of students and enrich their souls with characteristics that will enable them to become useful citizens of the society.

Face to Face



Ms. Mahvash Roshani Principal, Dawood Public School

"DPS has maintained a tradition of inculcating the spirit of compassion and empathy in our students. We believe that such values need to be taught and practiced in front of children from a young age so that they adopt them as integral qualities of their personalities. The School Programme 'Kids for Kids' gave our students an opportunity to help those children who had little or no hope for survival. Our students felt that this was one of the best ways that they could pay it forward. They realised the importance of giving back to a society that had given them so much."

"The Aga Khan University Hospital is considered one of the landmarks of Karachi. A majority of our students have been to the facility. The visits organised by The School Programme, however, gave our students the rare insight into the working of the hospital and allowed them to assess first hand, the gravity of the cause that they had contributed to. Walking through the wards and interacting with patients evoked deep emotions in our students. They connected with the patients and felt their pain and understood the value of their contributions.

It is not the amount of contribution that is important, but the degree of self-sacrifice that it entails - for it is this that attracts the confirmations of God. We must understand that contributing for such a good cause is a Spiritual privilege and a source of bounty. The collaboration with the PBS for AKUH School Programme has opened yet another pathway for our students to play their part in rebuilding the community around them. The seeds of compassion that they sow today, with us as channels, will become the steady trees of a healthy society for tomorrow.

Stemming from a tradition of philanthropy and spirit of global citizenship, DPS partakes in every activity that lets us contribute to the welfare of our society and lets our students learn the valuable lessons of compassion and empathy. We take pride in the fact that our students, parents, faculty, and management participate and contribute wholeheartedly in such drives. We are honoured to be one of the premier donor schools of this venture and strive to surpass our previous level of donations every year."

The City School PAF Chapter



Motto: I AM TO LEARN

Perspectives from PAF Chapter

We asked representatives from the City School Senior and Prep sections, to shed some light on their motivation to partake in the School Programme, and their reflections of the experience.

"Helping others always gives us a feeling of satisfaction and relief. Giving back to society had a very positive impact on our students. For our younger students particularly, this is a good way of getting a better sense of what it is like to give charity.

Kids are always beautiful. It is the worst feeling to see a helpless parent when they do not have sufficient funds to help their child. The City School always emphasises on teaching values to students. The students share our vision of responsibility when it comes to helping the underprivileged. This sense drove us to partake in this activity. We endeavoured, through this activity to help as many such parents and children as we could.

For students in our Senior section, it was a great learning experience. After seeing the beneficiaries and helping them, the students felt grateful for what they have and it also reminded them of the sense of responsibility they should show towards society. The younger students never got to visit patients, but they were very excited to see various departments and their operations. The advanced technology amazed them. It was a memorable experience for them.

Health is every human being's right; unfortunately it is unaffordable for most people in our country. This campaign was a wonderful effort by PBS for AKUH to provide this facility to people in need. They encouraged others to extend a helping hand. We are honoured to be a part of this and it would be our pleasure to participate in such activities in the future too. We will also encourage other people to come forward and help deserving children as a small donation can help these children live a healthy life.

St. Joseph's Convent



Motto: Forward God Helping

Partner Testimonial



Ms. Naseema Kapadia Principal, St. Joseph's Convent Cambridge Section

"St. Joseph's Convent is a 158 year old institution for girls and is one of the oldest schools in Pakistan providing quality education to students through both streams of examination boards : the Sindh board and University of Cambridge.

As Head of the Cambridge Section I was very happy to participate in PBS for AKUH's School Programme 'Kids for Kids'. It was a brilliant idea and the students were most enthusiastic to help. The School Programme team came to the school and spoke to the students. They gave willingly to the cause. I feel if we can inculcate the spirit of philanthropy at an early age, it will have the power to mould children into better, more caring human beings.

The visit to AKUH arranged for these students added an impetus because students were impressed with what they saw and that gave them the sense that they were part of a vey worthwhile project.

We would like to thank PBS for AKUH for having St. Joseph's Convent on board and giving me and my students the opportunity to be a part of this venture".

Your Generosity Saves Lives

Your generosity has supported AKUH's Children's Hospital Service Line to perform life-saving treatment on young patients that need it the most, but would have otherwise been able to afford quality healthcare.

Muhammad Nazar, for instance, is a four year old boy from a family of seven, and his father was killed in a road traffic accident last year. The only earning member of his family, his older brother, is a flower seller and earns PKR 25,000 each month to support the household. They live in a rented property in the Dhoraji area of Karachi. Muhammad was admitted to a local hospital for meningitis treatment but his condition kept worsening. The family moved him to AKUH. He was admitted to the Paediatric Intensive Care Unit on ventilator support and our doctor's and staff's efforts ensured that Muhammad recovered in two weeks. Your generosity supported more than 50% of Muhammad's treatment costs, while majority of the remainder was covered by PBS for AKUH. Muhammad continues to visit AKUH for follow up visits if required; these too are covered by welfare and zakat funds.

Three year old Anaya Muzammil hails from a family of five, living in a rented property in Federal-B area, Karachi. Her father is the sole earner in the family, earning approximately PKR 25,000 per month by selling mobile batteries. When the COVID-19 pandemic began to spread, Anaya fell very sick with high fever and continuous vomiting, and was rushed to AKUH's Kharadar campus for treatment, where she was suspected positive for Typhoid, but the doctors did not rule out COVID-19 either. She was treated in-keeping these circumstances with more than 80% of her treatment costs supported by your generosity.

Hamza Sultan is only a year old, and one of 12 members of his family living in Liaquatabad, Karachi. A salesperson at a milk-shop, Hamza's father earns PKR 30,000 per month to support the whole family. Hamza began getting convulsions and seizures due to a spike in body temperature resulting from an infection. His family were extremely worried and brought him to AKUH where he was admitted and treated till he recovered. Hamza was discharged on a medicine course and his father was asked to bring him for follow-ups in the outpatient clinics. More than 50% of Hamza's treatment cost was borne by PBS for AKUH, which is a direct result of your efforts.

These are just some of the stories that have more meaning thanks to your generosity.



Students from Happy Home School receiving a demonstration at the Centre for Innovation in Medical Education at the Aga Khan University, Stadium Road Campus





Students from The Smart School vsiting young patients at the Aga Khan University Hospital, Paediatric Ward





Students from Meritorious School at the Anataomy and Surgery Learning Studio at the Aga Khan University Stadium Road Campus





The School Programme Team visited the SZABIST campus





A young donor from Dawood Public School practicing resuscitation on one of our patient care simulators at the Centre for Innovation in Medical Education, at the AKU Stadium Road Campus in Karachi



Thank You!



We at the Aga Khan University Hospital are extremely grateful to all our partners for opening their hearts to us.

It is because of your generosity that children in our paediatric ward get a fair chance at living the life that all children deserve.

Thank you for your kindness, your support, and your generosity!







The Patients' Behbud Society for AKUH

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