



The Patients' Behbud
Society for AKUH



آغا خان یونیورسٹی ہسپتال
The Aga Khan University Hospital

SPRING 2025

IMPACT

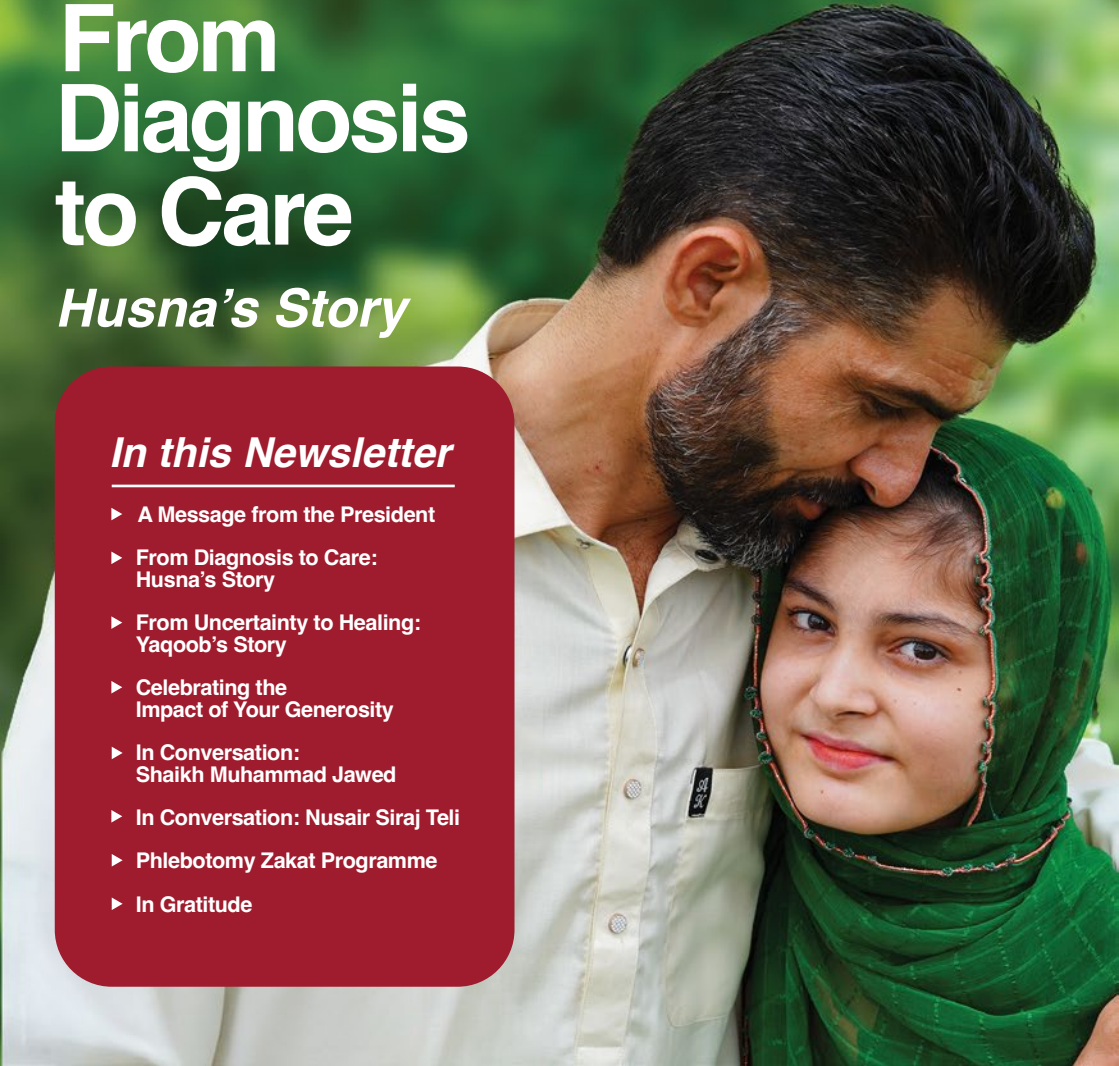
NEWSLETTER - PBS FOR AKUH

From Diagnosis to Care

Husna's Story

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A Message from the President



Dear Supporters,

Assalamu Alaikum,

Ramadan is a time for compassion and generosity — values that lie at the heart of the Patients' Behbud Society for AKUH (PBS for AKUH). This past quarter has been particularly special, as the blessed month of Ramadan allowed us to experience an even deeper sense of community and giving.

Through our Ramadan campaign, we sought to extend our reach, engage new supporters, and provide essential healthcare to those who need it most. Every rupee you donated was spent entirely on patient care - with no deductions for operational costs.

I extend my heartfelt gratitude to each one of you who chose to give during this sacred month. Your unwavering support ensures that those unable to afford healthcare can receive the help they urgently need. Thanks to your Zakat and donations, deserving patients are receiving life-saving treatment at the Aga Khan University Hospital.

In the first quarter, over 45,000 patient visits were supported at AKUH, with more than PKR 343 million disbursed in financial assistance to help needy patients access lifesaving healthcare.

Your kindness brings hope to families, dignity to the vulnerable and healing to the sick. As we move forward, let us carry the spirit of Ramadan and continue to stand with those in need, so that no one is denied care due to financial hardship.

On behalf of the PBS Executive Committee, thank you for your generosity and commitment. May Allah (SWT) accept your donations and bless you and your families with health, happiness, peace, and barakah.

Warm regards,

Abdul Qadir Memon

President,

The Patients' Behbud Society for AKUH

From Diagnosis to Care:

Husna's Story



Until the age of 10, Husna was a healthy and active child. Everything changed when she began experiencing frequent fevers, difficulty breathing and exhaustion after walking short distances. She developed a persistent cough, chest tightness and general weakness. Her parents grew increasingly alarmed. With limited means and no clear diagnosis, they watched helplessly as their daughter's condition worsened.

Husna's father, a rickshaw driver in Karachi, did all he could to seek help. Eventually, another not-for-profit organisation referred the family to AKUH. By the time she arrived, Husna was in a critical state — her condition had gone undiagnosed for far too long.

At AKUH, doctors quickly identified that she was suffering from acute pulmonary complications, including pneumonia and fluid build-up in her lungs. She was immediately admitted and placed under specialised care.

Her story did not end there. Further assessments revealed that Husna also had other underlying health conditions affecting her respiratory and immune systems, which AKUH's multidisciplinary team began treating as part of a comprehensive care plan. She also showed signs of chronic inflammation, nutritional deficiencies and related complications.

Thanks to timely intervention and ongoing support, Husna's health has improved. Her breathing has stabilised, she is regaining her strength and is looking forward to returning to school.

Her journey is a powerful reminder of how access to quality healthcare and early diagnosis can transform lives for patients like Husna and her family. Undetected illnesses can quietly steal a child's future. With your support, that future can be reclaimed.

From Uncertainty to Healing: Yaqoob's Story



Yaqoob, a 54-year-old man, had been suffering from persistent abdominal pain for months. Despite visiting multiple doctors, his condition remained undiagnosed, leaving him frustrated and concerned. The pain worsened over time, and his abdomen began to swell significantly, causing constant discomfort that affected every aspect of his life. He also experienced a loss of appetite, feeling weak and unable to perform his daily activities.

Over time the swelling in his abdomen became severe and he was referred to AKUH.

At AKUH, the medical team carried out multiple tests, including an endoscopy and cancer screening, and quickly diagnosed Yaqoob with abdominal tuberculosis (TB), a condition that can cause fluid buildup in the abdomen and all the symptoms he had been facing over time. Yaqoob

and his family were relieved to finally have an answer to his persistent health issues. However, his son worked as a driver and they were unable to afford the cost of the tests and treatment.

Thanks to the generosity of donors to AKUH through PBS, Yaqoob was able to receive the necessary medical care and started a nine month course of TB medication.

With the correct diagnosis and treatment plan, Yaqoob's condition gradually improved. The swelling in his abdomen began to subside, and his appetite slowly returned. Over the next several months, Yaqoob adhered to his treatment regimen and regained his strength.

Thanks to the timely intervention and care he received, Yaqoob is healthy once again and free from the debilitating pain and discomfort that once defined his days.

Impact of PBS in quarter one of 2025:



45,000

patient visits were supported at
the Aga Khan University Hospital



Over PKR 343 million

has been disbursed in financial
assistance to support Zakat mustahiq
and deserving patients

Celebrating the Impact of Your Generosity

A gathering was held on 27 February 2025 at AKUH in Karachi to appreciate our donors for their longstanding support to PBS. It also provided an opportunity to share the impact of their generosity and how it is helping us to shape a healthier society and have a more hopeful future for all.

It was an evening of gratitude, reflection and renewed resolve to continue supporting patients in need of life-saving treatment.

At the event, the President of PBS, Mr Abdul Qadir Memon extended his heartfelt gratitude to each and every donor, partner and supporter. He stated that generosity heals more than just a patient - it secures futures and brings hope to those who need it most. He urged everyone to continue to work together in service of humanity.



In Conversation: PBS Valued Supporter, **Shaikh Muhammad Jawed** *Chairman, Din Textile Mills Limited*



Q: What are your thoughts about AKUH as a healthcare provider?

AKUH is a blessing. I personally travel from Lahore to Karachi for my treatment — that's the level of trust I place in the quality of care that the hospital offers. The doctors, staff and services give me complete confidence that I am in safe hands.

Q: What motivates you to support PBS?

It is truly inspiring to see how PBS makes quality healthcare at AKUH accessible to patients with financial constraints. The PBS team and executive committee members are highly respected individuals. They serve with sincerity and have no personal interests or gains and genuinely care about giving back and helping the deserving members of our society.

Q: Would you like to share your views about the impact of AKUH and PBS?

Absolutely, patients come from remote areas and interior Sindh, Baluchistan often after being told elsewhere that there's no hope and they should just pray, this includes children with holes in their hearts, hearing impairments, cancer, or other critical illnesses. Once they arrive at AKUH, they receive treatment and return home recovered, thanks to expert care and support from PBS. The impact they make together is miraculous.

Q: What gives you the confidence to continue your support to PBS?

The check and balance at AKUH are truly commendable. Every effort is made to ensure that Zakat is spent only on those who are genuinely needy and mustahiq. There is a thorough vetting process, and the system is designed with integrity and accountability at its core. This gives donors like me the assurance that our contributions are making a real and direct impact. It's not just about giving — it's about giving responsibly. That level of transparency and commitment is one of the many reasons I continue to support PBS wholeheartedly.

Q: What message would you like to share with others?

To those who have not yet supported AKUH through PBS, I say: Come and see for yourself. Seeing is believing. Once you witness the impact, your confidence in the institution will not only grow, but you will take keen interest in the PBS activities.

In Conversation: PBS Valued Supporter, **Nusair Siraj Teli**

Chief Executive Officer, Pakistan Beverages Limited



doctors who treat privileged people like us are also able to treat those who cannot afford medical care. This is only possible through the transparency that AKUH continues to ensure, a practice not all hospitals adopt when it comes to Zakat mustahiq and deserving patients.

Q: Could you share any personal stories or moments that reaffirmed your commitment to supporting PBS?

Over the past many decades, I have witnessed people arrive in critical condition, often unaware of the underlying issues. Time and again, I have seen AKUH's teams provide care that matches the highest international standards. Watching the staff go above and beyond for severely ill patients and seeing financial support reach those most in need has consistently reinforced our dedication to PBS.

Q: What message would you give to potential donors who are considering supporting PBS?

I encourage everyone to support AKUH and PBS for AKUH. Your donations help ensure compassionate care for those most in need. I can assure you that your contributions will be put to the right use to make a meaningful impact.

Q: What inspired your family's initial association with AKUH and PBS?

Our relationship spans over decades as my family has supported AKUH since its inception. This journey started with a deep trust that we placed in AKUH and PBS. It is a privilege to support an organisation that is committed to providing quality healthcare to everyone who knocks on their door, irrespective of their financial background. This inspired us then and continues to encourage us today.

Q: In your view, what sets AKUH apart in its approach to patient care, especially for those who cannot afford treatment?

My family and I recognise the profound impact AKUH has made through its cutting-edge and expert clinical care. AKUH stands out because of its unwavering commitment to providing compassionate, dignified healthcare to everyone, regardless of their ability to pay. We know that

Shan-e-Ramzan Transmission

We are grateful to ARY Digital for providing their platform to highlight the impactful work of PBS and the expert care provided by AKUH on their Shan-e-Ramzan transmission. Hosted by Waseem Badami, a compelling conversation was led by Raheel Qamar Ahmad, Chairman Fundraising Committee & Executive Committee Member of PBS, and Dr Sadaf Altaf, Assistant Professor of Oncology at AKUH. Mr Raheel's discussion focused on the work of PBS, supporting underprivileged patients across various healthcare needs, while Dr Sadaf spoke about paediatric cancer and its devastating impact on children.

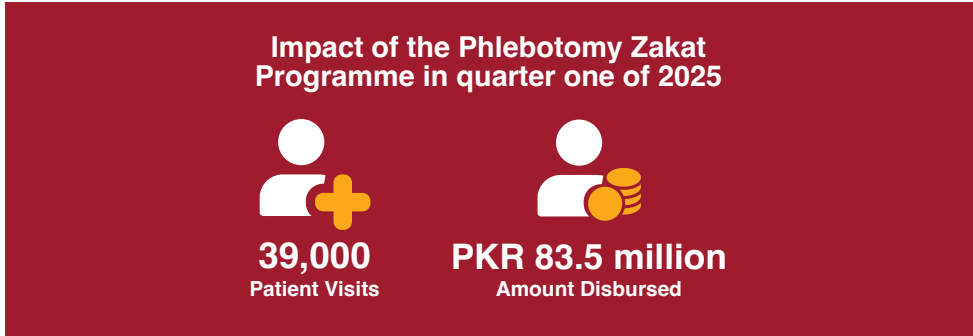
In Pakistan, approximately 8,000 children are diagnosed with cancer each year, yet survival rates remain significantly lower than in high-income countries. This disparity is often due to delayed diagnoses, limited access to specialised care, and financial constraints. AKUH addresses these challenges by providing cutting-edge, comprehensive treatment for children battling cancer, while your Zakat and donations via PBS enable underprivileged families to access life-saving treatment for paediatric cancer patients across Pakistan.



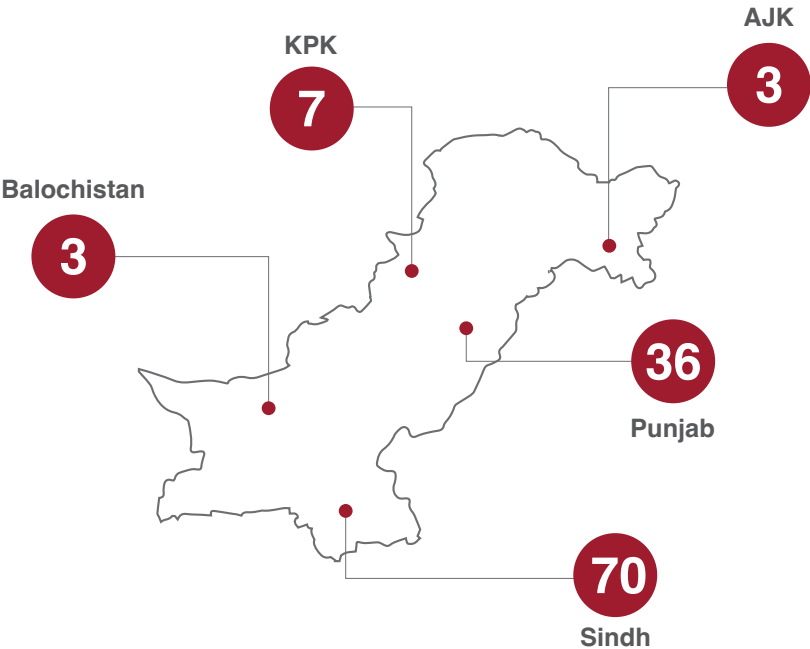
The Phlebotomy Zakat Programme

The Phlebotomy Zakat Programme was launched in 2020 to subsidise laboratory tests for zakat mustahiq patients. Starting with just two laboratories, the support is now being provided in 119 laboratories nationwide, helping underserved communities access essential diagnostic services with dignity and ease. By combining diagnostic excellence with compassion, AKUH - through PBS - is addressing a critical gap in access to healthcare. Since the Programme's inception over 300,000 patient visits have been supported due to your generous contributions to the Phlebotomy Zakat Programme.

Your continued generosity to PBS can enable us to meet the growing demand for subsidised laboratory tests for needy patients.



Zakat Support Provided in 119 Laboratories in Pakistan



Donate to PBS for AKUH



Online
donate.aku.edu



**Scan
and Donate**



Online Bank Transfer

Account name: **The Patients' Behbud Society for AKUH**

Name of Bank	Zakat IBAN #	Donations IBAN #
Habib Bank Limited	PK15HABB0008967901294552	PK48HABB0050107900772951
Soneri Bank Limited	PK75SONE0500130000008512	-
Bank Alfalah Limited	PK10ALFH5518005000170948	PK31ALFH55180050001646037
MCB Bank Limited	PK78MCIB0231000189850001	PK51MCIB0231000189850002
Meezan Bank Limited	PK56MEZN0001220103135178	PK56MEZN0001220106612919
Faysal Bank Limited	PK46FAYS3026307000003383	PK59FAYS3026390000003916
Dubai Islamic Bank Limited	PK70DUIB0000000647704001	-
United Bank Limited-Ameen	PK14UNIL0109000282413224	-
Bank Islami Pakistan Limited	PK46BKIP0108415727410202	PK73BKIP0108415727410201
Askari bank Limited	PK63ASCM0007333570002415	-
Telenor Microfinance Bank	PK67TMFB9999002099555001	-

Confirm your bank transfer at **patients.bebbud@aku.edu**
or by SMS/WhatsApp to **0300 072 3000**.



By Cheque

Cheques can be made payable to:
The Patients' Behbud Society for AKUH



Doorstep Collection

Call/WhatsApp **+92 300 072 3000** or call **+92 21 3486 3000**

OR



Post

Send your cheque or donation to:
University Advancement, Aga Khan University,
Stadium Road, Karachi

In Gratitude

As we reach the midway mark of 2025, I find myself reflecting on the extraordinary impact your generosity made possible last year. Compared to 2023, in 2024, your support enabled us to care for nearly 30% more patients through PBS - a powerful testament to your continued trust and compassion.

Your Zakat and donations made it possible to support over 194,000 patient visits and provide more than PKR 1.2 billion in financial assistance. These numbers represent more than just statistics, they reflect stories of survival, resilience, and renewed hope. From diagnosing silent threats like hepatitis C to treating childhood cancers and heart disease, your generosity is transforming lives across Pakistan.

On behalf of our doctors, nurses and the entire team at the Aga Khan University Hospital - and every patient whose life you've touched - thank you for your generosity towards ensuring more and more people get the highest quality of care, regardless of their ability to pay.



Dr Farhat Abbas

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