



The Patients' Behbud
Society for AKUH



آغا خان یونیورسٹی ہسپتال
The Aga Khan University Hospital

FALL 2024

IMPACT

Newsletter - PBS for AKUH

IN THIS NEWSLETTER:

- **Thank You for Your Generosity**
- **From Despair to Hope:**
Gohar Bibi's Journey of
Healing at AKUH
- **Iron Woman:** The Story
of A Breast Cancer
Survivor
- **Donor Spotlight:**
Honoring the Generosity
of S. M. Pervez
- **Roche, Pakistan:**
Exemplary Assistance In
Cancer Care
- **Expansion of Clifton
Medical Services**
- **In the Next Quarter**



SADIA, BREAST CANCER
SURVIVOR

Thank You For Your Generosity

Dear PBS Supporters,

We are immensely grateful to you all for your generous contributions of Zakat, Sadaqat and donations to The Patients' Behbud Society (PBS) for AKUH. Your giving makes it possible for PBS to provide needy patients with access to life-saving critical care at AKUH and its outreach centers.

In this issue of our newsletter, the inspiring patient stories provide a reflection of the difference your generosity makes in the lives of patients who benefit from your support.



As we look ahead, we aim to increase contributions for these vital treatments, which are often inaccessible for many individuals, putting their lives at risk. We request all of you to continue your generous support to PBS.

We are also really delighted to inform you that PBS, in partnership with Novartis and with your generous support, has successfully started the project to support needy and deserving patients suffering from cancer by providing them with life-saving medicines.

Your contributions can help ensure that a large number of financially disadvantaged members of our community have the chance to live a prosperous life, free from disease. As the Quran says, *"Whoever saves a life, it will be as if they saved all of humanity"* (Surah Maidah:32).

Thank you for your patronage, generosity and dedication.

Warm regards,

Abdul Qadir Memon

President

The Patients' Behbud Society for AKUH

THE IMPACT OF YOUR GENEROSITY

FROM DESPAIR TO HOPE

Gohar Bibi's Journey of Healing at AKUH

Gohar Bibi, a resilient woman from Balochistan, faced a difficult journey of health challenges. She visited many doctors, but despite her troubling symptoms, the doctors could not identify the exact issue. The lack of a definitive solution left Gohar Bibi frustrated and disheartened.

The turning point came when a relative brought her to the Aga Khan University Hospital in Karachi where Dr Saulat Fatimi, a cardiothoracic surgeon, made an accurate diagnosis that she had been desperately seeking. "You have a severe heart problem," he informed her. "We will have to do a bypass surgery."

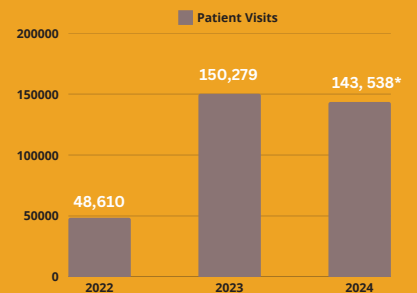
The news was initially overwhelming, but knowing that PBS would cover the entire financial cost provided a glimmer of hope. After the surgery, Gohar Bibi felt immense relief as the pain subsided. The successful surgery put her on the road to recovery.

Thanks to the generosity of donors, Gohar Bibi was able to receive critical surgical care which not only saved her life but improved her prospects for a healthier future.

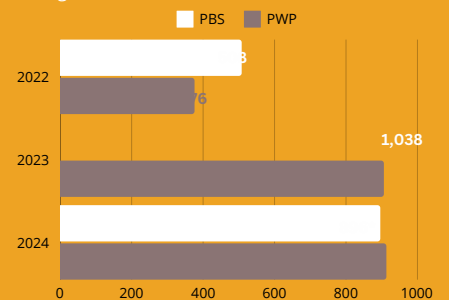


Gohar Bibi is one of the many patients who received life-saving critical care at AKUH through your generous support.

HERE'S WHAT YOU MADE PBS ACHIEVE THROUGH YOUR KIND SUPPORT IN THE RECENT YEARS



Amount Disbursed in (PKR Million) by The Patients' Behbud Society for AKUH with additional support by AKUH's Patient Welfare Programme:



*2024 figures are from Jan 2024 to Sep 2024 only

WATCH
GOHAR BIBI'S
STORY



THE IMPACT OF YOUR GENEROSITY

IRON WOMAN: SADIA DEFEATS BREAST CANCER

Sadia, a widow in her thirties, faced a tough battle when she was diagnosed with breast cancer. With a 19-year-old daughter relying on her, she felt overwhelmed and hopeless, fearing she would not survive.

Then, a ray of hope appeared. A cousin told her about the quality care and support available at the Aga Khan University Hospital. Gathering her courage, Sadia reached out for help. Under Dr Sana Zeeshan, Breast Surgeon, Aga Khan University Hospital, she began her treatment, with financial support from The Patients' Behbud Society for AKUH.

Her treatment journey, spanning a year, was tough as she had to undergo surgery, chemotherapy and radiation. The compassionate care and emotional support from the doctors and nurses helped her tread through the toughest phase of her treatment with courage. The financial support from PBS allowed her to focus on her healing without worrying about the cost of treatment.

It has been four years since her treatment, and Sadia has emerged stronger. As a cancer survivor, she is a role model for her daughter and a source of pride for her family. Her story is a powerful reminder that with quality care, support and determination, anyone can rise above their health struggles.



DO YOU KNOW ?

Every year, more than **80,000** women are diagnosed with breast cancer in Pakistan.

In 2024 alone, more than 4,000 new cancer cases were registered at the Aga Khan University Hospital in Karachi. The majority of these cases were of breast cancer.

AKUH offers comprehensive treatment including radiation therapy, chemotherapy and surgery to breast cancer patients.

Through the zakat, sadaqat and donations of our donors, patients like Sadia are able to benefit from these comprehensive healthcare services and fight cancer with hope, courage and dignity.

Your zakat, sadaqat and donations can continue to bring hope to many more breast cancer patients.

THE IMPACT OF YOUR GENEROSITY

THE HEPATITIS-C ELIMINATION DRIVE CONTINUES



According to WHO-Global Hepatitis Reporting System 2022, 8,800,000 persons were affected with Hepatitis “C” infections in Pakistan, the highest in the world. AKU in partnership with Getz Pharma and PBS launched the Hepatitis “C” elimination programme in 2021 through your generous support, which is in the fourth year of implementation.

Focusing on under-resourced regions in Sindh and Balochistan, the programme supports screening, diagnosis, treatment, and post-treatment care for needy patients. Due to your giving, the costs of diagnosis and treatment are significantly reduced, and more patients can seek the timely care and treatment they need.

In the past nine months, from **Jan 2024 to Sep 2024:**



21

Cities covered



28

Medical camps



3,411

Patients screened



1,774

Patients treated

MORE PATIENTS ACCESS RELIABLE SERVICES THROUGH OUR LABORATORY PROGRAMME



Your continued commitment has sustained the financial support for diagnostic tests for zakat-mustahiq patients. Through this initiative, deserving patients can access high-quality laboratory services for early diagnosis of diseases and better preventive treatment outcomes. Your zakat, sadaqat and donations to the laboratory programme have subsidized the cost of laboratory tests by 20 - 40% for zakat-mustahiq patients.

In the past nine months, from **Jan 2024 to Sep 2024:**



119

laboratories across Pakistan



PKR 347M

Amount disbursed



128,971

Patients visits

HONOURING THE GENEROSITY OF OUR DONORS

S. M. PERVEZ AND FAMILY



On September 25, 2024, an appreciation event was held at the Governor House in Lahore to recognise Mr. S. M. Pervez and his family for their longstanding generous support to AKU and The Patients' Behbud Society for AKUH.

Dr Sulaiman Shahabuddin, President of AKU; Zahra Somani, Chief Advancement Officer; Farhat Abbass, CEO of AKUH, friends and family members of Mr Pervez attended the event. Celebrating Mr Pervez's contributions, the event highlighted how his family's continued commitment has enabled deserving patients to receive life-saving treatments at AKUH.

As Vice President of the Executive Committee, Mr. Pervez has played a pivotal role in mobilizing philanthropic support, ensuring that financial barriers do not prevent access to necessary care. AKU leadership commended his contribution to building and upholding standards of governance and integrity at PBS, ensuring that the most vulnerable and deserving patients receive the healthcare they need.

ROCHE, PAKISTAN



This six-year partnership between AKU and Roche has benefited over 1500 cancer patients treated at AKUH. What brings the two organizations together is their shared goal of making high-quality, life-saving cancer treatments accessible to patients who cannot afford them.

The Aga Khan University Hospital's Patient Welfare Programme brings together individual and corporate donors like Roche, Pakistan to support patients from low-income backgrounds to access life-saving treatments for complex diseases such as cancer.

"The fight against cancer in Pakistan is one that is far bigger than any single institution. It is one that demands that people and institutions across the country join hands and work together, and that is precisely what Roche and AKUH are doing," said AKU's President, Dr Sulaiman Shahabuddin.

The in-kind support from Roche, Pakistan not only provides vital medicines but also instils hope in our patients.



"We are immensely grateful to Mr. S. M. Pervez for his tireless efforts to ensure that The Patients' Behbud Society for AKUH, a contributing stream to our Patient Welfare Programme, is a reliable, articulate and trustworthy medium for all those individuals who wish to help the marginalized."

AKU's President, Dr Sulaiman Shahabuddin

EXPANSION OF AKUH'S CLIFTON MEDICAL SERVICES

We are pleased to share that services at AKUH Clifton Medical Services (CMS) have been expanded to enhance the scope and standards of care provided to our patients.

This transformation has been made possible through the generosity of our donors. The most notable additions include the establishment of a 24/7 Emergency Department that caters to all emergencies. We have also expanded our diagnostic capabilities to feature a 128-slice CT scanner, mammography, and advanced cardiac diagnostics. Another significant enhancement is the introduction of daycare dialysis and chemotherapy services.



IN THE NEXT QUARTER...

PBS shall be conducting Health Awareness Sessions in October 2024, dedicated to raising awareness about breast cancer and other critical health issues. Through expert-led discussions, these sessions aim to educate, empower, and inspire communities to take proactive steps toward better health outcomes.

YOUR CONTINUED SUPPORT CAN BRING HOPE TO MANY MORE NEEDY PATIENTS

Donate Online: giving.aku.edu/index-zakat.html

Make an online Bank Transfer:

Account: The Patients' Behbud Society for AKUH

- HBL Islamic A/c No. 0896-7901294552
- Soneri Bank Islamic A/c No. 0048-30000008512
- Meezan Bank Limited A/c No. 0122-0103135178
- MCB Islamic A/c No. 0231000189850001
- Bank Alfalah Islamic A/c. No. 5518-5000170948
- Faysal Bank A/c No. 3026307000003383
- Dubai Islamic Bank A/c. No. 128-647704001
- UBL Ameen A/c. No. 1219-282413224

Confirm your bank transfer by email at patients.bebbud@aku.edu or by SMS/WhatsApp at 0300-0723000.

Donate Through Cheque

Make your cheque payable to "The Patients' Behbud Society for AKUH" and send it to:

PBS for AKUH
University Advancement
Aga Khan University, Stadium Road, Karachi

Doorstep Collection

Please call **0300-0723000** or **+92-21-34863000** and we will collect your cheque from your doorstep.